



AAPIWL x YELLOW PERIL COLLECTIVE
DESIGN COLLABORATION



REIMAGINE EVERYTHING

Oakland Chinatown
October 29, 2022

5th Annual
#IMREADY
MOVEMENT CONFERENCE

388 9th Street
Oakland, Ca 94607

#IMREADY2022
IMREADYMOVEMENT.ORG/2022



The time has come for us to reimagine everything. We have to reimagine work and go away from labor. We have to reimagine revolution...We have to think not only about change in our institutions, but changes in ourselves. We are at the stage where the people in charge of the government and industry are running around like chickens with their heads cut off. It's up to us to reimagine the alternatives...

Dr. Grace Lee Boggs

June 27, 1915 – October 5, 2015

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AAPI Women Lead

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#ReimagineEverything

VIRTUAL AGENDA



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FOUNDERS



CONNIE WUN
Moderator for Fireside Chats
Co-Founder, Executive Director
She/Her

Dr. Connie Wun's work is a reflection of her lifelong commitment to ending racial and gender-based violence. Her areas of expertise include community-driven research, violence against Black, Indigenous, other women and non-binary communities of color, discipline and punishment. She is the co-founder of AAPI Women Lead and also consults on community-driven research designs and projects. She is a former college and high school educator, a youth program coordinator and counselor, and a former sex worker. Her work can be found in academic and mainstream presses, including Elle, Democracy Now, NBC Asian America, NPR CodeSwitch, Critical Sociology and more.



JENNY WUN
Event Manager for
#ImReady2022 Conference
Co-Founder, Operations &
Program Director
She/They

Jenny Wun is the co-founder and mastermind behind AAPI Women Lead. For more than 15 years, she has served Asian and Pacific Islander youth as a counselor, mentor, and program coordinator. Prior to co-creating AAPIWL, Jenny was an urban planner across major cities in the U.S. including New York City and San Francisco. In her spare time, if she is able to find any, Jenny plays league volleyball and pursues her love for martial arts as a blue belt in Brazilian Jiu-Jitsu.

AAPI WOMEN LEAD TEAM



JULIA DELA FUENTE
Programs Associate
They/Them



VANESSA LEE
Operations Coordinator
She/Her



ERICA KAUNANG
Executive Assistant
She/Her



EMILY PARK
Communications Associate
She/Her

SOLIDARITY AWARD RECIPIENTS



PAM KONG

AAPIWL

5 Year Core Team Member

She/Her



MAUREEN CALUYA

AAPIWL

5 Year Core Team Member

She/Her



MORNING STAR GALI

**Restoring Justice for
Indigenous Peoples,
Tribal Water Organizer**

She/Her



TAVAE SAMUELU

Aunty

She/Her

AGENDA

9:30am - 10:30am

REGISTRATION

10:30am - 10:50am

WELCOME OPENING

Dr. Connie K. Wun (Co-Founder & Executive Director of AAPI Women Lead)

Anna Cho (Organizer & Chief of Staff, She The People)

Inez Consuelo (Intuitive Energy Medicine Woman Owner of Inez Healing Arts)

10:50am - 11:50am

WHAT IS HAPPENING?! PANEL

Dr. Lily Wong - Moderator (Associate Director, Antiracist Research & Policy Center)

Kavita Mehra (Executive Director, Sakhi)

Dylan Rodriguez (Scholar, Teacher, Parent, Writer, Professor at UC Riverside)

Estella Owoimaha-Church (Executive Director, EPIC)

Dr. Natalee Kēhaulani Bauer (Scholar, Educator, Parent, Author)

11:50am - 12:00pm

BREAK + COLLABORATIVE STORY PROJECT

12:00pm - 12:45pm

HEALING + WELLNESS OFFERINGS

Mollii Khangsengsing (Co-Founder, Tuff Love Fitness)

Amina Lei (Art Activist, Educator, Healing Arts Mentor)

Inez Consuelo (Intuitive Energy Medicine Woman Owner of Inez Healing Arts)

Chel Anne (Healer & Spiritualist)

12:45pm - 1:15pm

LUNCH + NETWORKING

Community Exchange Hosted with Surrendered Healing

1:15pm - 1:35pm

KEYNOTE SPEAKER

Mia Mingus (Founder & Director, SOIL: A Transformative Justice Project)

**Details subject to change*

1:35pm - 1:50pm

SOLIDARITY AWARDS CEREMONY

Pam Kong (AAPIWL 5 Year Core Team Member)

Maureen Caluya (AAPIWL 5 Year Core Team Member)

Morning Star Gali (Restoring Justice for Indigenous Peoples, Tribal Water Organizer)

Tavae Samuelu (Aunty)

1:50pm - 2:50pm

REIMAGINE EVERYTHING PANEL

Katherine Nasol - Moderator (Researcher, Educator, & Organizer)

Liz Suk (Executive Director, Oakland Rising)

Bernadette Lim, MD (Founder and Executive Director, Freedom Community Clinic)

Ny Nourn (Co-Director, Asian Prisoner Support Committee)

Irma Schauf-Bajar (Executive Director, 18 Million Rising)

3:05pm - 3:30pm

FIRESIDE CHAT

Tavae Samuelu (Aunty)

3:35pm - 4:00pm

COLLECTIVE YOGA

Susanna Barkataki (Author, Embrace Yoga's roots)

4:00pm - 4:25pm

SPECIAL GUEST

Leo Sheng (Actor & Advocate)

4:25pm - 5:00pm

5TH ANNIVERSARY CELEBRATION AND CLOSING

HEALING & WELLNESS OFFERINGS

ALL DAY OFFERINGS - 10:00am - 4:30pm

Collaborative Story Project

Provided By Amanda Phingbodhipakkiya

Auditorium

Contribute to "Let the Future Speak by sharing your story"—a 2024 installation, zine and digital archive through a civic partnership with the SF Asian Art Museum. Your contributions will live on as part of an archive of voices, sounds, stories, histories, memories, hopes, dreams, fears, desires, opportunities, names, faces, events, moments, visions and radical imagination.

Quiet & Feeding Room

Room 3

Community Altar with Chel Anne

Auditorium

SCHEDULED OFFERINGS

Community Exchange Hosted with Surrendered Healing

Lobby

12:45pm - 1:15pm

Healers, artists, creatives, businesses and organizations, and more have taken part in creating a people-driven Community Exchange. The Community Exchange aims to cultivate a space where participants can give and receive nourishment and care from one another through exchanging and sharing resources. Nourishment includes digital offerings, personal products, healing tools, art, zines, swag, PPE, and more! (Offerings subject to change)

Watercolor with Amina Lei

Conference Room 2

12:00pm - 12:45pm

*(limited space,
sign-up required)*

This art exercise will help participants feel more calm and relaxed by using a fluid medium that helps us let go of the need to control, quiet the brain, switch on our senses, and get into a state of flow. We're not working with particular forms or shapes here; we're letting go of that and letting paint do the work. When we let go of the need to impose form, our minds can relax more. Using this fluid medium, we stimulate our sensory experience, especially our visual sense, and as we watch the colors mix, we might see a reflection of our inner feelings at the same time we feel soothed."

Ancestral Healing with Chel Anne

Room 1

12:00pm - 12:45pm

*(limited space,
sign-up required)*

How does one heal with ancestors? How does one connect with ancestors? Why is it important to heal with our ancestors? How do we conquer our fear of the unknown? A healing space where we'll be looking at different ways to connect with our healed/guiding ancestors. A place where we'll explore the importance of healing our ancestors in connection with our own healing. Guidance on how we can reclaim ours and our ancestors' stories and tradition to have it be part of our healing journey. And lastly, we'll explore how we can integrate ancestral healing into our everyday lives.

***Dedicated to my Lola Thellie. I only hope I can make you proud as I live in my magic as you did in yours. I love my practice for I will never really lose you and through spirit we will be even closer. Love you!*

SCHEDULED OFFERINGS

Sound Healing with Inez Healing

Room 3

12:00pm - 12:45pm

(limited space,

sign-up required)

Creating a safe sacred space for our voice, chi gong release movement, claiming self love and truth with shamanic journey with the ancestors.

Intro. to Self-Defense & Safety with Mollii

Auditorium

12:00pm - 12:45pm

Intro. to Self-Defense & Safety teaches awareness and safety strategies to avoid assaults before they happen. Students also learn effective physical techniques addressing the most common attack situations: being pushed or pulled, cornered, and grabbed by the wrist and hair. Rather than relying on strength, students will learn principles of leverage, timing, and energy efficiency to defend against a stronger assailant. Regardless of age, size, strength, or physical ability, students can learn the techniques of self-defense while gaining an increased sense of personal confidence and empowerment.

Oracle Readings

Room 2

1:45pm - 4:30pm

(limited space,

sign-up required)

Donation-based. A divine oracle reading supports you in gaining clarity on whatever question is on your heart. In this 20 - 30 minute reading, Jasmin will take time to ground the energy by guiding you through breathwork, and meditation and call in your benevolent ancestors and guides to support you during the reading. Jasmin will intuitively tap into the messages she feels and hears while she pulls your cards to give you the clarity that you have been seeking.

Community Healing & Wellness Space with Sweet Mango

Room 1

1:45pm - 4:30pm

(limited space,

sign-up required)

For *Healing & Wellness Space*, there will be areas for: quiet reflection, creative expression, stretching, resting, and brief wellness check-ins with Sweet Mango Therapy staff.

Collective Yoga with Susanna Barkataki

Auditorium

3:35pm - 4:00pm

Experience an all levels accessible Yoga Class for grounding and empowerment. This class will be chair based and bring alive practices from the heart of the Yoga tradition from India. This class will be taught with invitation and options. We will move, breathe and focus together. Benefits will be focus, replenished energy, rest and aim to take consciousness, mind and body balance to the next level as we honor yoga's roots together. Spark inspiration and with ancient and modern practices to ignite the power of yoga in your life and practice. Simple tools will be shared that you can take out and use in your day to day work and life, if you wish.

**Details subject to change*

KEYNOTE SPEAKER



MIA MINGUS

*Founder & Executive Director,
SOIL: A Transformative Justice Project
She/Her*

Mia Mingus is a writer, educator, and trainer for transformative justice and disability justice. She is a queer physically disabled Korean transracial and transnational adoptee raised in the Caribbean. She works for community, interdependence, and home for all of us, not just some of us, and longs for a world where disabled children can live free of violence, with dignity and love. As her work for liberation evolves and deepens, her roots remain firmly planted

in ending sexual violence. Mia founded and currently leads SOIL: A Transformative Justice Project which builds the "soil" for transformative justice to grow and thrive. She has been involved in transformative justice work for almost 2 decades and is passionate about building the skills, relationships, and structures that can transform violence, harm, and abuse within our communities and that do not rely on or replicate the punitive system we currently live in.



TAVAE SAMUELU

Panelist
*Aunty
She/Her*

FIRESIDE CHAT

Tavae Samuelu is the daughter of a pastor from Leulumoega and a nurse from Saleimoa in Sāmoa. She's a passionate advocate for Pacific Islanders and is committed to liberation for all. Tavae was born and raised on Tongva Territory, and credits her time on unceded Ohlone land for her political consciousness. During the pandemic she has learned that her most important title is Aunty Vae and is committing herself to the teachings of the Nap Ministry.

SPECIAL GUESTS



SUSANNA BARKATAKI

Healing and Wellness
Practitioner

Author, *Embrace Yoga's Roots*
She/Her

Susanna Barkataki, Indian yoga teacher known for her work in decolonizing and embracing the roots of yoga is Founder of Ignite Institute for Yogic Leadership and Social Change, author of #1 International Bestseller in Yoga, Nov 2020 *Embrace Yoga's Roots: Courageous Ways to Deepen Your Yoga Practice*. M.Ed, E-RYT 500, Yoga Therapist, Yoga Teacher Trainer. She runs YTT's that are changing the world with authentic yoga. Her *Embody Yoga's Roots* yoga teacher trainings are currently shifting the paradigm of what yoga looks like in the West, with a commitment to at least 60% BIPOC students per cohort and over 200 BIPOC scholarships for YTT trainings awarded to date.

[EmbodyYogasRoots.com](https://www.embodiyogasroots.com)



LEO SHENG

Actor & Advocate
He/Him

Born in Hunan, China, Leo grew up in Ypsilanti, MI. Adopted and raised by two moms, he understood the importance of access to community, and community building. Leo graduated from the University of Michigan in 2017, having worked at the Spectrum Center for two years and the William Monroe Multicultural Center for another two years.

Leo's first film role as 'Ethan' in the feature film *Adam*, which premiered at the 2019 Sundance International Film Festival as well as OutFest and Stonewall 50, led to him stepping down from academics after his first year of graduate school. He was then cast in Showtime's highly acclaimed hit series *The L Word: Generation Q*, playing the series regular role of 'Micah Lee'. Leo continues to channel his advocacy in media and aims to center the stories of queer & trans communities of color.

SPEAKERS

Listed in order of event schedule



ANNA CHO

Emcee

*Organizer & Chief of Staff,
She The People
She/Her*

Anna Cho is an expert in community organizing, criminal justice reform policymaking, and organizational and leadership development. Anna leads Survivors Speak, the largest movement of survivors in the country, advocating for real safety solutions that put resources in prevention, rehabilitation, and trauma recovery over more prisons and jails. The campaign reallocated millions of dollars back into the community and saw over 20 Trauma Recovery Centers open nationwide as a result. Currently, Anna serves as the Chief of Staff at She the People, working to build power for women of color. As a survivor of violence herself, Anna lives by the affirmation that survivor girls grow to be unstoppable justice leaders. She is a truth-teller, an organizer of hearts, and a global leader on women's and girls' issues.

WHAT IS HAPPENING?! PANEL



DR. LILY WONG

Moderator

*Associate Director of the Antiracist
Research and Policy Center
She/Her*

Lily Wong is an Associate Director of the Antiracist Research and Policy Center at American University. At AU, she also serves as an Associate Professor of Literature and Critical Race Gender & Culture Studies. Her research and political practice focus on the politics of affective labor mobilized in relation to transpacific coalitional movements against state-sanctioned violence. She is one of the founding board members of the Society of Sinophone Studies (SSS), serves on the Advisory Board of Verge: Studies in Global Asias, and supports AAPI Women Lead's Intergenerational Participatory Action Research project.



DR. NATALEE KĒHAULANI BAUER

Panelist

*Scholar, Educator, Parent
She/Her*

Dr. Natalee Kēhaulani Bauer is a Kanaka Maoli scholar born in Honolulu and raised between/ across Hawai'i and the San Francisco Bay Area. She is the Department Chair of Race, Gender, & Sexuality Studies, Program Head of Ethnic Studies, and affiliated faculty in the School of Education at Mills College in Oakland, CA.



KAVITA MEHRA

Panelist

*Executive Director, Sakhi
She/Her*

Kavita first joined Sakhi as an intern in 2002 while in her third year of college. After her experience, she hoped to come back to Sakhi, specifically to lead the organization, and in June 2017 was named its fifth executive director.

Under Kavita's leadership, Sakhi has grown 325% and has launched a trauma-informed mental health program, a housing program, and a food justice program for clients. Her commitment to building a survivor-centered movement has positioned Sakhi to open its second office in Queens in January 2020 and its third office in Brooklyn in 2022. Most notably, Kavita has successfully stewarded Sakhi through the Covid-19 pandemic, providing critical, life-saving services to survivors across New York City, while also ensuring its financial stability and growth.

Kavita is a co-founder and board member of South Asian SOAR, and an Advisory Board Member for the New Leaders Council's New Jersey Chapter. She has presented at the Women's Economic Forum in Delhi, Harvard University, and Columbia University and has been featured in leading media outlets, including The Associated Press, The Takeaway with Tanzina Vega, NowThis, CNN, The New York Times, and Vice. Kavita is the recipient of the 2021 Changemaker Award from the Institute for Nonprofit Practice and the 2022 Social Impact Women to Watch by Nonprofit HR. A proud New Jersey native, Kavita lives in Jersey City with her life partner and son.



**ESELLA
OWOIMAHA-CHURCH**

Panelist

*Executive Director, EPIC
She/Her/Uce*

Estella is the first generation of her family born on Tongva Land (for now known as Los Angeles). While identifying as an Angeleno, deeply connected to the lands that raised her, Estella's roots burrow deep beyond the asphalt of South Central L.A.. Her maternal grandparents are from the villages of Satufia of Savai'i and Saleilua of Upolu, Samoa; her paternal grandparents are from Calabar, Cross River, Nigeria. She transitions into the role of Executive Director at Empowering Pacific Islander Communities (EPIC) post nearly two decades of service as an educator. Estella was the first Samoan to be named a finalist for the Global Teacher Prize in 2018 and awarded California Theater Teacher of 2020. As a Black-Pacific Islander (PI), mother to a Black-PI child, and eldest sister of two Black-PI young men, she holds dear her responsibility to serve generations of past, present, and future. So long as she is capable, Estella will advocate for all those who look like her, step up as co-conspirator for others in the margins, and forge clear paths for young people where there once were none.



DYLAN RODRIGUEZ

Panelist

*Scholar-Teacher, Parent, Writer,
Collaborator, Day job as a Professor
at the University of California
Riverside
He/Him*

Dylan Rodríguez is a teacher, scholar, and collaborator who is committed to building and supporting abolitionist, liberationist, anti-colonial and other forms of radical community and movement. Since 2001, he has maintained a day job as a Professor at the University of California, Riverside. He was elected to serve as President of the American Studies Association in 2020-2021, and in 2020 was named to the inaugural class of Freedom Scholars. In 2021, he was appointed Co-Director of the Center for Ideas and Society.

REIMAGINE EVERYTHING PANEL



KATHERINE NASOL

Moderator

*Researcher, Educator, Organizer
She/They/Siya*

Katherine Nasol is a community-rooted researcher, educator, and organizer based in Oakland, California. She weaves advocacy, storytelling, and education to bring healing to communities of color, especially to women, girls, and gender expansive people. She is a Ph.D. Candidate in Cultural Studies where she writes on care and care labor, immigration, and racial capitalism. She is a founding member and Director of Community Engagement at the Bulosan Center for Filipino Studies and is currently building new initiatives to combine community-rooted research with healing justice. She is a proud Filipina who finds joy in drinking boba, being in nature, & dancing with her baby nephew.



LIZ SUK

Panelist

*Executive Director, Oakland Rising
She/They*

Liz Suk grew up in the Bay Area with deep roots in Deep East Oakland. She has a 25+ year career in various non-profit and grassroots organizations in the Bay Area and currently sits on the board of Bay Area Parent Leadership Action Network, REAL People's Fund and California Calls. She is committed to social, racial, and environmental justice for Indigenous, Black, and Brown communities and passing on these values to her two children, whom you'll often see by her side during meetings and during campaigns. She brings a micro to the global lens in her coordination, strategy, and politics. She enjoys hiking, camping, creating and sharing herbal remedies, writing poetry, photography, and most recently drawing. Most of all, as a connector and protector, Liz enjoys cooking and feeding people while imagining a new world rooted in love, liberation, peace, and justice.



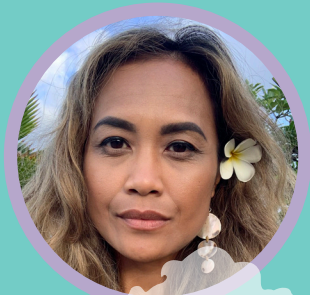
BERNADETTE LIM, MD

Panelist

*Founder and Executive Director,
Freedom Community Clinic
She/Her*

Bernie describes herself as a Creator, Healer, and Warrior. She is the daughter of Filipino and Toisanese immigrants. She is the founder and director of the Freedom Community Clinic, Woke WOC Docs Podcast, Freedom School for Intersectional Medicine and Health Justice, and part of the founding team of the Institute for Healing and Justice in Medicine. She recently graduated from the UCSF School of Medicine and earned her Master's at the UC Berkeley School of Public Health through the UC Berkeley-UCSF Joint Medical Program. She graduated from Harvard University in 2016 with cum laude honors and went on to be a Fulbright-Nehru Scholar in India. Bernadette is also practices Reiki and is a meditation/hatha yoga teacher.

For her work, she has received honors including World Policy Forum Young Global Changer, Yamashita Prize Outstanding Emerging Social Activist in California, National Minority Quality Forum 40 Under 40 Leaders in Minority Health, California Senate District 29 Women of the Year Honoree, UCSF Dean's Prize Scholar in Health and Society, and Pacific Standard Top 30 Under 30 Thinkers in Policy and Social Justice, among many others.



NY NOURN

Panelist

*Co-Director of the Asian Prisoner
Support Committee (APSC) and
Organizer with Survived and
Punished (S&P)
She/Her*

Ny is a queer formerly incarcerated survivor and proud daughter of a Cambodian refugee survivor. She is the Co-Director of the Asian Prisoner Support Committee and organizer with Survived and Punished (S&P). Ny work and passion are focused on freeing and supporting formerly and currently incarcerated immigrant and refugee survivors. Criminalized as a domestic violence survivor, Ny was detained by ICE after serving 16 years in state prison. In June 2020, Ny was granted clemency in recognition of her work which also prevented her deportation to Cambodia.



IRMA SCHAUF-BAJAR

Panelist

Executive Director,
18 Million Rising
She/He/Siya

Irma Schauf-Bajar is a Filipino queer grassroots community organizer, movement educator, and trainer dedicated to building people power and resiliency in communities and movements toward liberation. With 15+ years of grassroots community organizing work, Irma has worked to advance political organizing and power in immigrant, economic, racial justice, LGBTQNC+, gender, and social justice movements. A tireless advocate for coalition building, Irma has been at the forefront of building effective multi-racial and multi-sector coalitions on local, national, and international scales.

Irma has over 20 years of experience as a leader, manager, and mentor in the not-for-profit sector. She brings consulting experience working with nonprofits, and grassroots, and social change organizations assisting them with strategic planning, leadership development, organizational change, facilitation/training, coaching, and mediation services, all of which is rooted in a liberation-centered approach.

Irma joined 18 Million Rising as their Managing Director in May 2020 and transitioned to her new role as their Executive Director in July 2022.

“

We reimagine by combining activism with philosophy. We have to do what I call visionary organizing. We have to see every crisis as both a danger and an opportunity. It's a danger because it does so much damage to our lives, to our institutions, to all that we have expected. But it's also an opportunity for us to become creative; to become the new kind of people that are needed at such a huge period of transition. That's why it's so wonderful to be here today—that we dare to talk about revolution in such fundamental terms.

”

Dr. Grace Lee Boggs

HEALING & WELLNESS GROUPS



surrendered healing

SURRENDERED HEALING

*Community Exchange & Program
Sponsor*

The mission of Surrendered Healing is to create a world that sees and values the inherent gifts of Women of Color. We do this by supporting Women of Color in leading lives and businesses that are guided by their intuition. In doing so we embrace our lineage of powerful ancestors and ensure that the future is a place for our descendants to thrive!



Sweet Mango
THERAPY GROUP

**SWEET MANGO
THERAPY**

Community Wellness Room Sponsor

Sweet Mango Therapy (SMT) is a growing team of clinicians based in the Bay Area. We are 1st and 2nd generation immigrants dedicated to the mental health and wellness of women and their families in our communities. SMT values safety, inclusivity, integrity, compassion, healing and community. SMT's mission is to provide high-quality, mental health services for young professional Women of Color so that they can reach their fullest potential and live a life they are undoubtedly proud of.

“

That's why we have to talk about revolution these days. We have to get rid of the old ideas of leadership and followership and use our imaginations to create the new.

”

Dr. Grace Lee Boggs

HEALERS & WELLNESS PRACTITIONERS



INEZ CONSUELO

*Intuitive Energy Medicine Woman &
Owner of Inez Healing Arts
She/Her*

Inez is an intuitive medicine woman, certified sound therapist, and Ayurvedic practitioner. She weaves together indigenous ancient shamanic sounds with modern harmonics and overtones to stimulate and open cellular pathways to alleviate and release emotional, spiritual, and physical burdens while restoring one's soul integrity.



AMINA LEI

*Art Activist, Educator,
Healing Arts Mentor
She/Her*

Amina Lei is a self-taught Chinese painter, teaching artist, and illustrator from Oakland, CA. Amina's childhood represented the complexity and beauty of growing up in the diverse culture of the bay area. It was the revolutionary spirit of Oakland that shaped Amina's passion for justice.

Culture, history, and the struggle for social justice are inspirations of her work and represent the realities of people of color. Amina's art has always been about getting people to rethink the injustices in the world and empowering individuals to believe that they can do something powerful with their lives.

Amina works with schools to create art workshops that integrate art therapy, for example, Social Public Art Resource Center in Venice, CA. She is currently working at the Muhammad University of Islam as an art teacher. Amina works with cosmetics companies and retail spaces to create live art events. Her clients include Saks, Dior, and more. She has exhibited solo and group shows in San Francisco, New York, and Los Angeles. She currently resides in Los Angeles, California.



CHEL ANNE

*Healer & Spiritualist
She/Her*

Chel Anne is a community worker, activist, and spiritualist in her journey in becoming a spiritual practitioner. She believes that spiritual healing is a vital part of our holistic health and to achieve balance in all dimensions of our health, we must also find harmony with our spirit. She is passionate about serving the community by searching for ways to better understand different energy healing methods. Her focus is on ancestral healing/building intuition to heal ours, our families, and our community's spirit.



MOLLIE KHANGSENSING

*Co-Founder, Tuff Love Fitness
She/Her*

Intro. to Self-Defense & Safety teaches awareness and safety strategies. Students also learn effective physical techniques addressing the most common attack situations: being pushed or pulled, cornered, and grabbed by the wrist and hair. Rather than relying on strength, students will learn principles of leverage, timing, and energy efficiency to defend against a stronger assailant. Regardless of age, size, strength, or physical ability, students can learn the techniques of self-defense while gaining an increased sense of personal confidence and empowerment.



JASMIN ANCHETA

*Healing Solutions
She/Her*

Jasmin is a healer of Ilocano descent, she uses her clairsentient gifts to support people in their journeys. She is a multi-talented healer and loves to use oracle cards, yoga, sound healing, and meditation in her practice. It has been her mission to support folks in tapping into their own divine intuition and supporting folks in arriving at a place of clarity, peace, and wholeness.



**AMANDA
PHINGBODHIPAKKIYA**

*Multidisciplinary Artist,
Educator, & Activist
She/Her*

Amanda is a Brooklyn-based multidisciplinary artist, educator, and activist. The daughter of immigrant parents, Amanda grew up in the kitchens of their Thai restaurants in Atlanta, GA. She saw first-hand the power of inviting folx into unfamiliar worlds as a way to build bridges, community, and belonging. Her Thai and Indonesian heritage along with her background as a woman in STEM has led to a surprisingly broad body of work, including large-scale murals, augmented reality (AR) experiences, 3D printed sculptures, and participatory installations.

By making the invisible, visible, she's challenging viewers to rethink the world around them and revealing the depth, resilience, and beauty of marginalized communities - creating art that is impossible to ignore.

“

*Radicals don't usually talk about souls—but I think we have to. What I mean by souls is the capacity to create the world anew, which each of us has. How do we talk about that with one another? It's not only important to act, it's important to talk because when you talk you begin to create new ideas and new languages. We've all been damaged by this system—it's not only the capitalists who are the scoundrels, the villains; we are all part of it. **And we all have to change what we say, what we do, what we think, what we imagine.***

”

Dr. Grace Lee Boggs

What are you reimagining?

*What role will you be playing in
building the future?*